

# DAILY INVENTORY

Daily ask yourself any of these questions to prompt your writing, starting each question with the word "today":

- **How did I show love to others?**
- **Did I act in an unloving way toward anyone?**
- **Did others see in me the joy of having a personal relationship with the Lord? If not, why not?**
- **How was my serenity, my peace? Did anything happen that caused me to lose it? What was my part in it?**
- **Was I patient? What caused me to lose my patience? Do I owe anyone amends?**
- **Would anyone say that I was kind/good? In what ways did I act unkind?**
- **How was my faithfulness?**
- **Did I keep my word with everyone?**
- **How was my gentleness and self-control? Did I lose my temper, speak a harsh or unkind word to someone?**